

PROFILE

As far as I can remember, I've always been concerned and challenged by the emotional miseries afflicting my fellow beings. As a trained Clinical Counseling Psychologist, I've been helping couples, youngsters and students to resolve their emotional trauma. But I would say that my forte is teenage and adult behavioural issues like perversion, abusive behaviour, personality disorder to name a few. Any unusual behaviour, or abnormal mindset challenges me. I'm neither opinionated nor judgemental, hence can look at and deal with people in an absolutely raw manner. I assure you absolute confidentiality.



Psychologist
Clinical Counselor
Psychotherapist

JOY V.S

Valiyaveetil panjikaran House
Greenland Avenue Road
P.O.Kolazhy-Thrissur-680010
KERALA.INDIA

PRO SKILL

Family therapy
Psychoanalytic therapy
Dialectical therapy
REBT
Gestalt therapy
Logo therapy
Behaviour Modification
Systematic Desensitization

Inpsych

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Education

M.phil : Counseling Psychology
Martin Luther Christian University-August 2017
M.Sc : Counseling and Family therapy
Indira Gandhi National Open University-June 2015
M . A : Psychology
Vinayaka Mission University-May 2009

Professional Experience

From July 2017
Clinical Counselling Psychologist and Family therapist
Metropolitan Hospital, Thrissur

From January 2015 To July 2016
Clinical Counselling Psychologist and Family therapist
Thrissur District Co-operative Hospital

From July 2017 To August 2019
Academic Counsellor
St. Joseph Higher Secondary School, Thrissur.

Assessment Skills

I Q tests
Attitude tests
Personality tests
Aptitude tests
Motivation tests
Achievement tests
Applying Inventory
Learning Assessment